

# The Cannabis model in Canada and the USA

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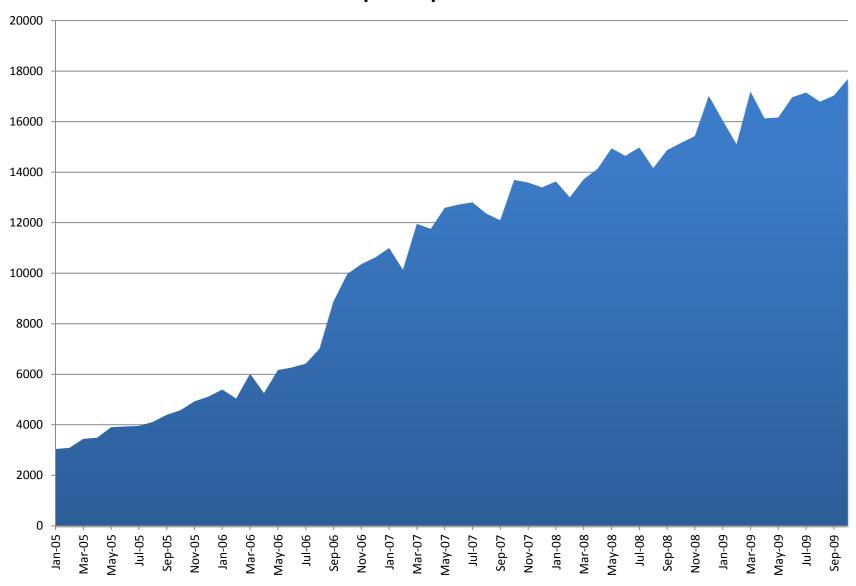
### Outline

- Canada
  - Cannabinoid medicines
  - Existing regulatory framework
  - Proposed new regulations
- USA
  - Overview of state programs and issues
- Discussion of key elements and issues

## Cannabinoids in Canada

- THC/CBD (2.5mg THC + 2.7mg CBD)
  - Oromucosal spray
  - Approved for multiple sclerosis-associated neuropathic pain, spasticity and advanced cancer pain
- Nabilone (0.25 1.0mg)
  - Oral capsule
  - Approved for chemotherapy-induced nausea and vomiting
- Dronabinol/THC (2.5 10mg)
  - Oral capsule
  - Approved for chemotherapy-induced nausea and vomiting and anorexia associated with HIV/AIDS
- Herbal cannabis (12.5% THC)
  - Via Marihuana Medical Access Regulations (MMAR-Health Canada)

#### **Total cannabinoid prescriptions Canada 2005-2009**



# Issues in cannabinoid prescribing

- Cost
  - Coverage by provincial formularies
    - Nabilone (generic 2012)
  - Coverage by private insurance
    - Nabiximols
    - Dronabinol
- Off-label use
- Abuse potential very low
  - Ware & St-Arnaud (Addiction 2010)
  - Ware et al (IASP 2012)

# Canada's Medical Marihuana Access Regulations (MMAR)

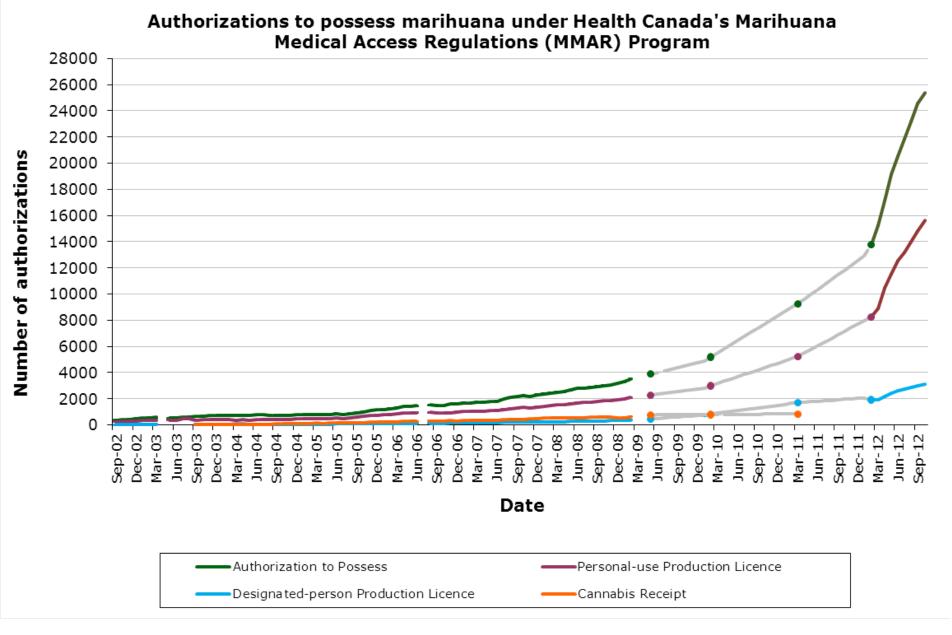
- Authorization process elements
  - Statement of symptom/disease complex
    - Category 1 & 2
  - Acknowledge that cannabis is not approved
  - State that conventional treatments "tried or considered"
  - Specialist "aware that cannabis is being used" (Category 2 only)
  - Submit to Health Canada for 'license to possess'

## Canada's MMAR: access

- Authorization users: supply options
  - License to produce
  - Designated production license
  - Purchase from Health Canada/Prairie Plant Systems (PPS)
    - 12% THC
    - Single strain
    - Tested for heavy metals/contaminants
    - Gamma irradiated
    - Sent by registered mail directly to patient
- No insurance coverage
  - May claim tax credit for medical expense (PPS only)

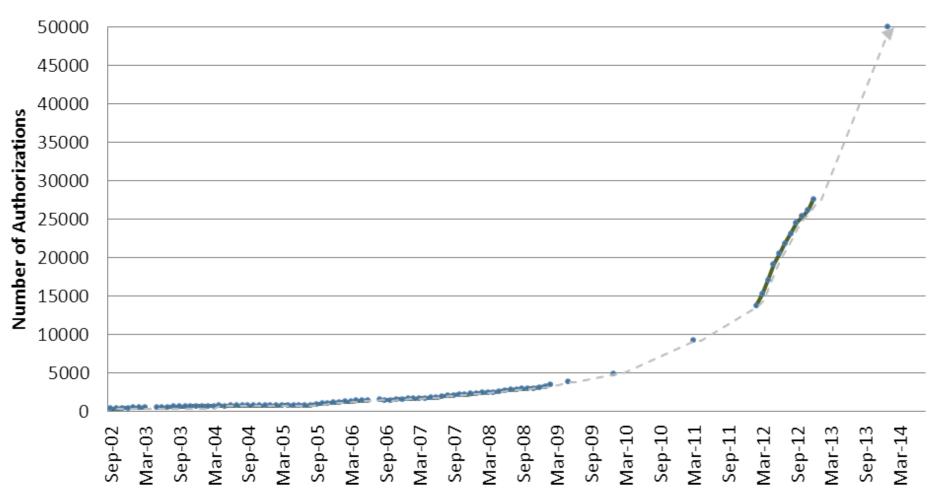
### Other MMAR resources

- Vapourizer approved as medical device
  - Volcano Medic<sup>®</sup> (Stortz & Bickel)
- Information for Health Care Professionals
  - Health Canada Expert Advisory Committee
  - www.hc-gc.ca
  - Search "marihuana"



Source: Health Canada January 2013

#### Growth Rate of Authorizations to Possess Marihuana for Medical Purposes under Health Canada's Marihuana Medical Access Regulations Program



Source: Health Canada January 2013

# The Marijuana Medical Regulations Policy (MMRP) 2013

- Reasons for change:
  - Security/safety
    - Proliferation of 'grow-ops' in homes
  - Access
    - Court challenges to existing MMAR
    - Long history of courts driving regulatory change
  - Abuse of MMAR
    - Organized crime approaches to solicit licenses
    - MDs "selling" licenses

# The Marijuana Medical Regulations Policy (MMRP) 2013

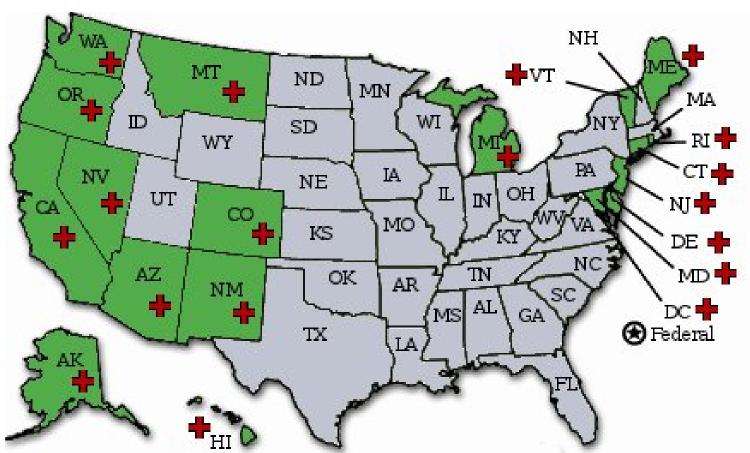
- No more licenses issued
  - "prescription" model
- Multiple licensed commercial producers
- MDs and nurse practitioners may prescribe (and pharmacists?)
- Distribution direct or through pharmacies
- Come into effect March 2014
- http://www.gazette.gc.ca/rp-pr/p1/2012/2012-12-15/html/reg4-eng.html#reg

## Education of health care professionals

- Canadian Consortium for the Investigation of Cannabinoids (<u>www.ccic.net</u>)
- Accredited cannabinoid education (ACE) programs for over 3000 HCPs in last 2 years
  - Small group
  - Online
  - Interactive
- Informed by needs assessments, expert faculty
- Programs across Canada and USA, European Symposia
- International Association for Cannabinoid Medicine (IACM)
  - 7th Conference on Cannabinoids
  - 27-28 September 2013
  - Holiday Inn, Cologne, Germany
  - www.cannabis-med.org



## Medical cannabis in the USA



Source: www.safeaccesnow.org

Jurisdiction	Year legalized	Amount allowed per card holder	New application fee (\$)	Dispensaries allowed
Alaska	1998	1 oz and 6 plants (no more than 3 mature)	25	No
Arizona	2010	2.5 oz, 0-12 plants	150	Yes
California	1996	8 oz, 18 plants (6 mature, 12 immature)*	66**	Yes
Colorado	2000	2 oz and 6 plants (no more than 3 mature)	90	Yes
Hawaii	2000	7 plants (3 mature, 4 immature) and 1 usable oz from each mature plant	25	No
Maine	1999	2.5 oz and 6 plants	100	Yes
Michigan	2008	2.5 oz and 12 plants	100	No
Montana	2004	1 oz, 6 plants	25	No
Nevada	2000	1 oz, 7 plants (3 mature, 4 immature)	150 <sup>+</sup>	No
New Jersey	2010	2 oz	200	Yes
New Mexico	2007	6 oz, 18 plants (4 mature, 12 seedlings)	O <sup>‡</sup>	Yes
Oregon	1998	24 oz 24 plants (6 mature, 18 seedlings)	100	No
Rhode Island	2006	2.5 oz, 12 plants	75	Yes
Vermont	2004	2 oz, 9 plants (2 mature, 7 immature)	50	No
Washington	1998	24 oz and 15 plants	No registration program	No
Washington, DC	2010	2 oz	Not established	No
		Source:	<b>Daniel Bowles</b>	MD, personal 20:

Qualifying Diseases and Debilitating Conditions	Alaska	California	Colorado	Hawaii	Maine	Michigan	Montana	Nevada	New Jersey	New Mexico?	Oregon	Rhode Island	Vermont	Washington
Cancer	×	X	X	X	×	X	X	X	X (if terminal)	X	X	X	XII	X
Glaucoma	×	Х	X	×	×	×	х	X	X\$	×	X	×		X‡
HIV-AIDS	×	X	X	X	X	X	X	X	X	×	X	X	X25	X
Hepatitis C						X						×		X‡
Alzheimer's disease						×					Х	×		
Nail-patella syndrome						×								
Amyotropic lateral sclerosis						X			X					
Cachexia, or wasting syndrome§	×	X	×	×	×¶	X	×	×	×¶		X	×	×	X‡
Severe or chronic pain§	×	X	X	X		X	X	X	×¶		Х	X	X	X‡
Severe nausea§	×	х	×	X	×¶	×	X	×	×¶		X	×	X	X‡
Seizures§	×	X	X	X	X	X	X	X	X\$	X (epilepsy)	Х	X	X	X
Intractable spasticity									X‡					X‡
Anorexia		X												X‡
Severe muscle spasms	×	X	×	×	×	X	×	X			X	×		X‡
Multiple sclerosis									×	X			X	Х
Spinal cord damage, with neurologic indication of muscular spasticity										×				
Appetite loss					X¶									X‡
Cramping														X‡
Arthritis		X												
Migraine		X												
Muscular dystrophy									×					
Inflammatory bowel or Crohn's disease					×			х					X‡	
Admission to hospice care or terminal illness									×I	Х				
Any other chronic or persistent medical condition		Xas												
Any other medical condition X approved by state agency			Х	х	Х	×	×	×	×	Х	х	X		Х



### **US** issues

- Proliferation of "pot docs"
  - Unregulated, untrained, unethical
- Federal law trumps state law
- Doctors afraid of legal ramifications
  - DEA licenses
- High profile dispensaries and court challenges
- Washington and Colorado have legalized cannabis
  - What will Barack Obama do now?





### Global issues

- Approved 'indications' vary widely
- Education lacking
  - Health care professionals
    - "bona fide relationship" with practitioner
    - Cannabis is a means to improved health, not the end
  - Public/patients
    - Alternative delivery
- Research desperately needed
  - Monitoring
  - Strain differences
  - Other herbal preparations...

## A proposal...

- Cannabis exists between folk and academic medicine
  - With enormous range of potential therapeutic applications
  - No chance of 'approval' for all of these
- Global advisory panel on medical cannabis policy
  - Harmonize regulatory approaches
  - Transfer knowledge
  - Sharing experience